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## **Toxin Awareness and Detoxification Module**

### **Handouts/Important Links Summary**

#### **Unit 1 – Toxin Awareness**

##### **Sample Detox Questionnaires**

[Sample Questionnaire #1: Detox Symptoms w/ Scoring](#)

[Sample Questionnaire #2 - Medical Symptoms w/ Scoring](#)

[Sample Questionnaire #3: Metagenics - Example](#)

##### **Toxins and Disease Connection**

[Detox Toxins and Diseases](#)

[Toxic and Nutrient Elements Chart](#)

##### **Mercury Vapor Exposure**

[Symptoms of Mercury Vapor Exposure](#)

##### **Toxic and Nutrient Elements Chart**

[Toxic and Nutrient Elements Chart](#)

##### **Skinny on Chemicals**

["The Skinny on Chemicals" Worksheet](#)

[Safe Cookware Done-For-You Handout](#)

[Heavy Metal Effect on Health](#)

##### **What You should know about formaldehyde**

[What You Should Know about Formaldehyde](#)

##### **Environmental working group info links**

[Detox Environmental Working Group lists](#)

[How to Remove Fluoride from Water](#)

##### **Natural Lawn care**

[Natural Lawn Care: Commonly Used Chemicals & Natural Options — Great Plains](#)

[Laboratory ADHD/Pesticide Connection](#)

[ADHD & Pesticides](#)



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## **EMF / 5G Risk**

[Pall, Martin L. "5G Risk: The Scientific Perspective"](#)

[del Sol, Josh. "7 Essential Ways to Make Your Home Safe from 5G & EMF Radiation" EMF](#)

[Done-For-You Handout](#)

[Wireless Safety Card – Clear Light Ventures](#)

## **GMOs**

[GMO Healthcare Practitioner LONG PAPER with References](#)

## **Unit 2 – Detox Physiology**

### **Methylation overview**

[Methylation Overview for Professionals](#)

### **Detox overview**

[Liver Detox Paper](#)

### **Metabolic Pathways**

[Metabolic Pathways Poster \(nextlevelfunctionalnutrition.com\)](#)

### **Methylation Pathways**

[You searched for pathways | Natural Balance Wellness Medical Center \(nbwellness.com\)](#)

## **Unit 3 - Detox Testing Unit**

### **Toxicity Markers – Regular Blood**

[Toxicity Markers](#)

### **Quicksilver resources**

[12 Assets from Quicksilver Scientific®](#)

### **Toxic Element Clearance Sample Result (Genova)**

[Toxic Element Clearance Profile](#)



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## **Unit 4 – Detox Intervention/Support**

### **Pre-Detox Questionnaire**

[Pre-Detox-Questionnaire](#)

### **Safety of Silver**

[The Safety of Silver](#)

### **Ionic Foot Baths**

[Ionic Foot Bath Buyers Guide](#)

### **Beginner's Guide to Earthing**

[Beginners Guide to Earthing](#)

### **Recipes for Detox Smoothies - IFM**

[3 Detox Recipes for Smoothies](#)